

2012 Asian Powerlifting Championships

May 1-7, Udaipur, India

Female
Cat. 43 KG

P	Family name / 1st name	Nation	Birth Year	Body Weight	Squat			Benchpress			Sub Total	Deadlift			Total	Formula Point
					1	2	3	1	2	3		1	2	3		
SUB-JUNIOR																
1	AKSHAYA MS	IND	1996	42.75	65.0	70.0	75.0	20.0	X22.5	22.5	97.5	75.0	85.0	90.0	187.5	268.83
JUNIOR																
1	K.B. SUMITRA	IND	1990	41.60	80.0	90.0	X95	35.0	37.5	X40	127.5	100.0	110.0	X112.5	237.5	346.63
Cat. 47 KG																
SUB-JUNIOR																
1	DEEPA	IND	1994	45.75	60.0	70.0	X90	30.0	35.0	X40	105.0	85.0	90.0	95.0	200.0	273.97
OPEN																
1	MOVLA MOVA S	TURK	1978	45.30	100.0	112.5	120.0	60.0	X85	X90	180.0	110.0	120.0	X130	300.0	414.12
Cat. 52 KG																
SUB-JUNIOR																
1	HUANG HUI-C	TAIPEI	1996	47.80	x130	130.0	X142.5	60.0	67.5	X72.5	197.5	125.0	137.5	X142.5	335.0	445.04
2	AMITHA	IND	1994	51.90	110.0	X120	X125	40.0	47.5	X50	157.5	110.0	130.0	135.0	292.5	365.18
JUNIOR																
1	RAMILEVA ELMIRA	UZB	1990	51.75	115.0	120.0	X125	52.5	62.5	70.0	190.0	115.0	125.0	135.0	325.0	406.38
2	SOMOVA ALYONA	UZB	1992	52.00	110.0	X117.5	X117.5	45.0	X50	X50	155.0	115.0	125.0	135.0	290.0	361.51
OPEN																
1	CHOU YI-JU	TAIPEI	1980	51.35	160.0	X167.5	167.5	70.0	77.5	82.5	250.0	170.0	180.0	190.0	440.0	553.43
2	KOYKKA ANITA	PHILI	1960	51.35	145.0	155.0	X162.5	X85	85.0	90.0	245.0	150.0	X165	165.0	410.0	515.69
3	GULMUZAYEVA B.	TURK	1988	50.80	110.0	X120	X120	60.0	70.0	77.5	187.5	110.0	120.0	NT	307.5	390.27
Cat. 57 KG																
SUB-JUNIOR																
1	CHEBOTAREVA	TURK	1994	53.65	60.0	80.0	X100	40.0	X60	X60	120.0	70.0	90.0	100.0	220.0	267.87
JUNIOR																
1	BORDEOS BETINA	PHILI	1990	56.95	125.0	132.5	X142.5	80.0	85.0	X87.5	217.5	152.5	162.5	167.5	385.0	446.75
2	PATEL UMA	INDIA	1989	56.45	x140	140.0	150.0	60.0	67.5	X72.5	217.5	150.0	160.0	X165	377.5	441.07
3	SIROCHETDINOVA	UZB	1993	54.75	130.0	140.0	150.0	70.0	82.5	85.0	235.0	140.0	X155	X155	375.0	448.76
OPEN																
1	KHAN XENIYA	KAZ	1987	56.60	150.0	160.0	162.5	X100	100.0	x105	262.5	140.0	160.0	165.0	427.5	498.8
2	SUGANDHI D.	INDIA	1990	56.30	145.0	152.5	X160	65.0	X70	70.0	222.5	115.0	125.0	X130	347.5	407.16
Cat. 63 KG																
JUNIOR																
1	S. LOGESHWARI	INDIA	1989	59.70	160.0	172.5	X180	60.0	65.0	X70	237.5	145.0	155.0	162.5	400.0	447.68
2	TULIYEVA JEREN	TURK	1991	62.40	140.0	150.0	X160	70.0	75.0	X80	225.0	120.0	130.0	NT	355.0	384.03
3	ZARIFULLINA Y	TURK	1992	62.15	100.0	x120	NT	60.0	67.5	72.5	172.5	100.0	110.0	X120	282.5	306.73
MASTER-I																
1	GHOSH BELA	INDIA	1969	58.05	80.0	90.0	100.0	45.0	52.5	57.5	157.5	90.0	100.0	110.0	267.5	306.2
OPEN																
1	NAZARENKO S.	KAZ	1965	62.50	155.0	162.5	167.5	105.0	115.0	120.0	287.5	155.0	165.0	177.5	465.0	502.43
2	NAIDU TEJASWINI	IND	1979	58.30	160.0	175.0	X185	80.0	87.5	X90	262.5	175.0	X185	X190	437.5	498.79
3	CHEREZOVA M.	KAZ	1986	60.45	140.0	150.0	155.0	72.5	80.0	82.5	237.5	135.0	145.0	147.5	385.0	426.5
4	BUTOVSKAYA T.	TURK	1988	61.55	140.0	150.0	155.0	45.0	52.5	X55	207.5	130.0	142.5	X147.5	350.0	382.86
5	IP WING-YUK	HONG	1961	61.25	110.0	125.0	NT	72.5	77.5	82.5	207.5	125.0	135.0	X147.5	342.5	375.58
6	GOGOI CHAMPA	INDIA	1982	60.15	95.0	105.0	X110	70.0	X75	75.0	180.0	100.0	107.5	X117.5	287.5	320.1
Cat. 72 KG																
SUB- JUNIOR																
1	DOVLENTNAZAROVA	TURK	1994	67.30	X110	110.0	130.0	50.0	X70	70.0	200.0	90.0	100.0	112.5	312.5	319.62
2	SHREE L DAI	INDIA	1998	65.15	100.0	X110	110.0	50.0	X60	X60	160.0	100.0	X110	X110	260.0	272.14
JUNIOR																
1	MELA EKKA	INDON	1990	66.40	190.0	X205	205.0	80.0	90.0	100.0	305.0	170.0	190.0	X200	495.0	511.23
2	SWAMI ALKA	INDIA	1990	71.10	130.0	145.0	155.0	82.5	X90	90.0	245.0	135.0	X140	NT	380.0	374.05
MASTER-II																

1	ROY CHOUDHARY	INDIA	1955	66.90	70.0	80.0	85.0	50.0	55.0	X57.5	140.0	70.0	80.0	90.0	230.0	236.25
OPEN																
1	KYRUKOVA Y	KAZ	1985	69.60	180.0	190.0	200.0	120.0	130.0	135.0	335.0	180.0	190.0	200.0	535.0	534.35
2	JUMANIYAZOVA	TURK	1988	70.80	140.0	X150	150.0	70.0	80.0	X85	230.0	110.0	120.0	130.0	360.0	355.35
3	SAIKIA MIRINALINI	INDIA	1980	71.50	110.0	120.0	X127.5	65.0	72.5	77.5	197.5	X110	110.0	115.0	312.5	306.43
Cat. 84 KG																
JUNIOR																
1	SRI RAHAYU	INDON	1992	83.30	220.0	232.5	X247.5	110.0	125.0	127.5	360.0	185.0	202.5	207.5	567.5	508.19
2	POOJA	INDIA	1990	77.65	125.0	140.0	150.0	55.0	62.5	65.0	215.0	120.0	130.0	X137.5	345.0	320.98
3	SAMEDINOVA E.	UZB	1992	74.90	125.0	130.0	140.0	55.0	X62.5	X62.5	195.0	120.0	135.0	137.5	332.5	316.34
4	SHREE VIDHYA	INDIA	1992	74.20	80.0	87.5	95.0	25.0	32.5	X35	127.5	80.0	100.0	105.0	232.5	222.52
MASTER-I																
1	BHAGAT SUJATA	INDIA	1966	78.40	110.0	120.0	X130	62.5	67.5	70.0	190.0	110.0	130.0	140.0	330.0	305.44
MASTER-II																
1	VIJAYA NAR	INDIA	1957	77.90	60.0	70.0	80.0	25.0	30.0	32.5	112.5	60.0	85.0	95.0	207.5	192.76
OPEN																
1	SHEVCHENKO V	KAZ	1990	78.35	190.0	205.0	X215	105.0	112.5	117.5	322.5	190.0	200.0	216.0	538.5	498.81
2	HUNG MIN-CHU	TAIPEI	1983	82.70	X200	200.0	X210	130.0	145.0	155.0	355.0	140.0	152.5	X157.5	507.5	456.14
3	GHATE APARA	INDIA	1983	83.50	170.0	190.0	202.5	85.0	92.5	100.0	302.5	155.0	172.5	182.5	485.0	433.78
4	ARORA NAJOO	INDIA	1987	77.55	160.0	172.5	180.0	85.0	92.5	X95	272.5	170.0	177.5	X180	450.0	419.31
Cat. + 84 KG																
SUB-JUNIOR																
1	HUNG JR-TING	TAIPEI	1994	90.15	210.0	230.0	240.0	85.0	95.0	100.0	340.0	165.0	175.0	180.0	520.0	448.91
2	HEMINTA CH	INDIA	1998	103.95	70.0	80.0	X100	40.0	x45	NT	120.0	60.0	X80	80.0	200.0	164.74
JUNIOR																
1	CHEN JIE-WEN	TAIPEI	1990	100.25	200.0	235.0	252.5	130.0	137.5	142.5	395.0	155.0	167.5	177.5	572.5	476.26
2	ABDURAIMOVA A.	KAZ	1989	88.50	170.0	180.0	X200	100.0	110.0	115.0	295.0	150.0	165.0	177.5	472.5	411.21
3	HUDERI NEHA	INDIA	1993	106.30	160.0	170.0	180.0	60.0	70.0	X75	250.0	135.0	145.0	X150	395.0	323.62
OPEN																
1	CHANG YA-WEN	TAIPEI	1984	87.95	245.0	257.5	265.0	x125	125.0	130.0	395.0	215.0	225.0	230.0	625.0	545.25
2	TELICHKO ELEA	KAZ	1992	86.30	210.0	220.0	230.0	95.0	100.0	105.0	335.0	190.0	205.0	217.5	552.5	486.31
3	RINI MAISURI	INDON	1985	99.10	220.0	X250	X250	130.0	140.0	X147.5	360.0	160.0	180.0	192.5	552.5	461.22
4	SINGH SANGEETA	INDIA	1988	84.70	165.0	185.0	X200	77.5	82.5	87.5	272.5	140.0	155.0	160.0	432.5	384.1
Male																
Cat. 53 KG																
SUB-JUNIOR																
1	ALYMBEK UULU	KYR	1994	52.80	150.0	170.0	186.0	80.0	90.0	X101	276.0	160.0	187.5	196.0	472.0	455.8576
2	AL- ESAWI AHMED	IRAQ	1994	52.00	120.0	X140	X140	70.0	80.0	X85	200.0	130.0	145.0	X150	345.0	338.5485
JUNIOR																
1	RAMIREZ REGIE	PHI	1993	52.50	165.0	180.0	X185	95.0	105.0	X110	285.0	170.0	197.5	X202.5	482.5	468.74875
2	HIDALGO RAPHAEL	PHI	1990	52.45	130.0	140.0	155.0	80.0	92.5	X95	247.5	155.0	170.0	175.0	422.5	411.30375
3	KIM VYACHESLAV	UZB	1991	49.75	X40	40.0	NT	X30	30.0	NT	70.0	50.0	NT	NT	120.0	123.588
Cat. 59 KG																
SUB-JUNIOR																
1	MARTSEV V	UZB	1994	58.20	180.0	200.0	210.0	120.0	125.0	127.5	337.5	190.0	202.5	X210	540.0	473.742
2	KURSINALI UULU	KYR	1994	58.10	170.0	180.0	X190	70.0	90.0	X95	270.0	150.0	170.0	180.0	450.0	395.415
3	AL LAMI ALI	IRAQ	1996	58.60	150.0	X165	X180	110.0	115.0	117.5	267.5	150.0	170.0	180.0	447.5	390.08575
JUNIOR																
1	AL KIYUMI YAHYA	OMAN	1991	58.90	185.0	195.0	197.5	120.0	132.5	142.5	340.0	X210	222.5	232.5	572.5	496.64375
2	RAO MALLESHWAR	INDIA	1989	58.15	195.0	X210	210.0	100.0	110.0	122.5	332.5	212.5	220.0	230.0	562.5	494.26875
3	AL-MASSLAWI AHMED	IRAQ	1990	58.80	180.0	182.5	195.0	120.0	132.5	X140	327.5	180.0	190.0	192.5	520.0	451.828
OPEN																
1	AWANG LATIFUL	INDON	1988	57.80	X230	240.0	260.0	X160	160.0	X185	420.0	240.0	X262.5	262.5	682.5	602.6475
2	P SURESH	INDIA	1981	58.20	240.0	250.0	260.0	150.0	162.5	170.0	430.0	200.0	X215	215.0	645.0	565.8585
3	WANG CHUN-LIN	TAIPEI	1990	58.60	230.0	240.0	250.0	142.5	X150	150.0	400.0	230.0	X240	X247.5	630.0	549.171
4	IDRISHEV DASTAN	KAZAK	1986	58.85	200.0	210.0	220.0	110.0	X120	X120	330.0	175.0	185.0	202.5	532.5	462.68925
5	ALBUTHABHAK	IRAQ	1987	58.00	200.0	X220	X222.5	130.0	140.0	X142.5	340.0	180.0	190.0	NT	530.0	466.506
6	TONG KEI HIN	HONG	1981	55.50	142.5	152.5	157.5	120.0	125.0	130.0	287.5	145.0	155.0	162.5	450.0	413.28

MASTER I																
1	PATADE SATISH M	INDIA		56.95	130.0	155.0	162.5	90.0	100.0	102.5	265.0	140.0	155.0	165.0	430.0	385.452
MASTER II																
1	CHAUHAN MANOJ	INDIA	1962	57.95	100.0	115.0	130.0	85.0	X90	97.5	227.5	130.0	145.0	155.0	382.5	337.212
2	CHATTERJEE PIJUSH	INDIA	1956	50.75	130.0	142.5	X150	60.0	67.5	X70	210.0	140.0	165.0	X172.5	375.0	377.9625
MASTER III																
1	FUSE MASARU	JAPAN	1949	58.35	125.0	135.0	145.0	75.0	85.0	X90	230.0	145.0	155.0	160.0	390.0	341.601
MASTER IV																
1	POK KIM WON	HONG	1940	52.15	105.0	115.0	X122.5	67.5	72.5	X75	187.5	125.0	132.5	X145	320.0	313.376
Cat. 66 KG																
JUNIOR																
1	RONALD VARGHESE	INDIA	1991	66.00	230.0	242.5	X250	110.0	120.0	x125	362.5	230.0	x242.5	x242.5	592.5	465.231
2	AL ZAKWANI OMAR	OMAN	1992	65.45	192.5	205.0	215.0	120.0	132.5	140.0	355.0	222.5	x242.5	x242.5	577.5	456.86025
3	OGAY VYACHESLAV	TURK	1993	63.95	X195	195.0	210.0	120.0	130.0	x137.5	340.0	210.0	225.0	230.0	570.0	459.819
4	WHELIT ABASS	IRAQ	1989	65.00	180.0	220.0	X235	150.0	x160	x160	370.0	200.0	x215	x215	570.0	453.264
5	ALYMBEK UULU	KYR	1992	61.75	195.0	210.0	X220	100.0	120.0	130.0	340.0	220.0	x240	x240	560.0	465.752
OPEN																
1	HSIEH TSUNG-TING	TAIPEI	1982	64.20	270.0	280.0	287.5	190.0	200.0	210.0	497.5	265.0	280.0	287.5	785.0	630.7475
2	FELINUS SIHURA	INDON	1987	62.10	255.0	X270	X270	150.0	x160	160.0	415.0	215.0	x225	225.0	640.0	529.28
3	KHAN SAMEER	INDIA	1987	65.45	200.0	215.0	222.5	135.0	145.0	150.0	372.5	230.0	x250	x270	602.5	476.63775
4	OTHMAN FOUAD	IRAQ	1988	66.00	200.0	230.0	X245	130.0	145.0	160.0	390.0	200.0	x207.5	x207.5	590.0	463.268
5	GURBANOV YUSUP	TURK	1992	65.65	X220	220.0	X227.5	x125	125.0	x145	345.0	200.0	217.5	x227.5	562.5	443.86875
MASTER-1																
1	RAJAN E.C.	INDIA	1971	61.50	150.0	180.0	X200	110.0	117.5	120.0	300.0	180.0	187.5	195.0	495.0	412.8795
MASTER-3																
1	IWAKAMI KATSUO	JAPAN	1943	64.45	130.0	140.0	X145	105.0	107.5	110.0	250.0	135.0	140.0	145.0	395.0	316.553
Cat. 74 KG																
SUB JUNIOR																
1	IBRAHIM MOHD.	IRAQ	1994	73.50	240.0	250.0	260.0	140.0	150.0	155.0	415.0	220.0	X230	X230	635.0	458.978
2	KARAKULIN VADIM	KAZ	1995	73.50	220.0	235.0	252.5	120.0	130.0	135.0	387.5	222.5	235.0	X250	622.5	449.943
3	SINGH BALDEV	INDIA	1994	73.70	195.0	205.0	X210	110.0	120.0	125.0	330.0	X210	210.0	X225	540.0	389.556
4	CASTELAR JOHN	PHILI	1994	73.50	170.0	190.0	X205	X130	130.0	137.5	327.5	170.0	190.0	X210	517.5	374.049
JUNIOR																
1	ANUAR ULAN	KAZ	1993	73.55	255.0	X262.5	262.5	170.0	185.0	195.0	457.5	260.0	270.0	277.5	735.0	531.258
2	TSARENKO DMITRIY	KAZ	1991	73.40	260.0	270.0	275.0	170.0	X175	X175	445.0	X260	260.0	X275	705.0	510.0675
3	KOLOTVINOV DIMITRIY	UZB	1991	70.90	220.0	245.0	X255	160.0	167.5	175.0	420.0	210.0	235.0	X245	655.0	486.141
—	AULAD THANI MOHD	OMAN	1990	72.70	x245	x245	NT	115.0	130.0	135.0	—	245.0	X250	250.0	—	—
OPEN																
1	HUANG LUNG-HSIN	TAIPEI	1981	73.30	275.0	290.0	X295	190.0	200.0	205.0	495.0	280.0	292.5	X302.5	787.5	570.3075
2	PROKOPENKO ANDREY	KAZ	1988	73.30	280.0	295.0	X302.5	180.0	187.5	195.0	490.0	280.0	292.5	X302.5	782.5	566.6865
3	AHMED KARWAN	IRAQ	1984	73.10	260.0	280.0	X300	130.0	145.0	160.0	440.0	240.0	260.0	NT	700.0	507.92
4	GADYRMAMMEDOV	TURK	1982	73.70	230.0	240.0	250.0	X140	140.0	152.5	402.5	270.0	X282.5	X300	672.5	485.1415
5	OKUTANI MOTOYA	JAPAN	1980	73.70	212.5	220.0	225.0	220.0	X240	X240	445.0	190.0	205.0	210.0	655.0	472.517
MASTER-1																
1	BINU S.L.	INDIA	1972	71.30	200.0	220.0	230.0	X130	130.0	140.0	370.0	190.0	200.0	X210	570.0	421.23
2	VYAS BHUPENDRA	INDIA	1970	72.00	200.0	215.0	225.0	100.0	107.5	112.5	337.5	210.0	225.0	NT	562.5	412.70625
MASTER-3																
1	PAI SATISH	INDIA	1949	67.80	130.0	140.0	X145	70.0	77.5	80.0	220.0	150.0	157.5	X180	377.5	290.03325
2	DAVE RAMESH K	INDIA	1952	70.90	110.0	125.0	135.0	65.0	72.5	77.5	212.5	110.0	125.0	X135	337.5	250.4925
Cat. 83 KG																
SUB JUNIOR																
1	JHANG YOU-SI	TAIPEI	1994	81.90	265.0	275.0	280.0	135.0	147.5	157.5	437.5	270.0	290.0	X302.5	727.5	489.53475
2	YOSUFI OMID	AFGA		81.15	X220	240.0	250.0	100.0	150.0	165.0	415.0	200.0	240.0	NT	655.0	443.3695
3	ASHWIN A	INDIA	1995	81.70	150.0	170.0	180.0	90.0	95.0	X100	275.0	190.0	205.0	210.0	485.0	326.8415
MASTER-1																
1	RAHIMOV ALYMBEK	KYR		81.10	250.0	260.0	270.0	170.0	177.5	182.5	452.5	245.0	260.0	270.0	722.5	489.06025
2	YAMAGUCHI MAKOTO	JAPAN	1963	81.60	270.5	280.0	285.0	155.0	X160	160.0	445.0	230.0	247.5	X255	692.5	467.022
MASTER-2																

1	SINGH SURENDER	INDIA	1957	82.90	160.0	170.0	185.0	100.0	110.0	115.0	300.0	160.0	170.0	180.0	480.0	320.64
2	SUDESH WAGHMARE	INDIA	1956	82.25	160.0	180.0	X190	90.0	X100	X100	270.0	170.0	185.0	X192.5	455.0	305.487
3	CHIU VALIANT	HONG	1954	81.10	122.5	X125	NT	92.5	X112.5	115.0	237.5	150.0	155.0	X160	392.5	265.68325
MASTER-3																
1	GOLOVKIN VIKTOR	KAZ	1947	82.10	215.0	225.0	240.0	85.0	110.0	115.0	355.0	200.0	210.0	215.0	570.0	382.983
2	PANDOLE NOSHIR	INDIA	1947	81.50	140.0	X150	150.0	X90	90.0	105.0	255.0	190.0	200.0	210.0	465.0	313.8285
JUNIOR																
1	PLATONOV ARTYEM	KAZ	1990	82.05	270.0	280.0	290.0	180.0	190.0	X195	480.0	260.0	270.0	280.0	760.0	511.024
2	GURBANOV AHMET	TURK	1992	79.15	235.0	245.0	257.5	170.0	X182.5	X192.5	427.5	240.0	245.0	X252.5	672.5	462.411
3	AULAD THANI SALIM	OMAN	1992	81.70	235.0	247.5	260.0	X115	115.0	130.0	390.0	250.0	257.5	270.0	660.0	444.774
4	KAM CHI LEUNG	HONG	1989	75.17	185.0	200.0	215.0	142.5	147.5	155.0	370.0	225.0	242.5	X250	612.5	436.03875
5	SWAMI DEENU	INDIA	1991	82.80	225.0	255.0	X262.5	125.0	X140	X145	380.0	200.0	220.0	X230	600.0	401.1
OPEN																
1	TURAKHANOV D	KAZ	1974	81.30	320.0	332.5	X340	200.0	210.0	215.0	547.5	302.5	315.0	X327.5	862.5	582.96375
2	ALMERDENOV A.	KAZ	1985	78.00	280.0	290.0	300.0	175.0	185.0	190.0	490.0	290.0	300.0	310.0	800.0	555.12
3	SHOBERDIEV K.	UZB	1984	81.65	250.0	280.0	292.5	155.0	170.0	180.0	472.5	300.0	315.0	X330	787.5	531.09
4	ROBY	INDON	1984	80.50	270.0	295.0	X317.5	180.0	X195	200.0	495.0	270.0	X290	X307.5	765.0	520.2
5	NURSAHEDOV MERDAN	TURK	1976	77.60	230.0	245.0	255.0	220.0	227.5	235.0	490.0	220.0	240.0	250.0	740.0	515.262
	ALZAABI FAIZAL	UAE	1978	80.90	X140	140.0	NT	180.0	1X97.5	1X97.5	320.0	NT	NT	NT		
Cat. 93 KG																
SUB JUNIOR																
1	AYUBI NASEER AHMED	AFGA	1995	90.55	180.0	240.0	X250	110.0	150.0	160.0	400.0	180.0	220.0	X235	620.0	394.692
2	CRUZ CLARK	PHILI	1994	83.05	230.0	X250	X250	75.0	130.0	X135	360.0	220.0	225.0	X237.5	585.0	390.4875
MASTER-1																
1	KHARDIN KONSATATIN	UZB	1968	88.15	225.0	240.0	NT	155.0	165.0	NT	405.0	230.0	250.0	NT	655.0	422.8025
2	TK RAMCHANDRAN	INDIA	1968	84.35	X220	X225	225.0	140.0	150.0	160.0	385.0	200.0	215.0	NT	600.0	396.9
MASTER-2																
1	KERIMBEKOV BAKYT	KYRG	1961	92.15	225.0	X235	X235	195.0	X205	X210	420.0	200.0	X210	X210	620.0	391.282
2	VIKAS T.K.	INDIA	1962	92.10	230.0	x245	245.0	135.0	142.5	X147.5	387.5	220.0	230.0	NT	617.5	389.70425
3	SANGARWANSI ARJUN	INDIA	1960	86.85	190.0	210.0	225.0	115.0	125.0	132.5	357.5	190.0	205.0	220.0	577.5	375.77925
4	DEBUQUE RAMON	PHILI	1959	87.40	150.0	NT	NT	X160	X160	160.0	310.0	150.0	NT	NT	460.0	298.218
MASTER-3																
1	HARISH KUMAR	INDIA	1952	88.75	165.0	X175	175.0	85.0	95.0	105.0	280.0	170.0	190.0	X211	470.0	302.304
JUNIOR																
1	DOVYDENKO A.	KAZ	1990	92.45	300.0	310.0	320.0	190.0	200.0	X205	520.0	285.0	295.0	300.0	820.0	516.682
2	GAUD RAGHAVENDRA	INDIA	1992	88.80	270.0	X285	X290	160.0	175.0	182.5	452.5	250.0	265.0	X270	717.5	461.209
3	NAIN NEERAJ	INDIA	1989	87.00	160.0	175.0	X190	80.0	87.5	NT	262.5	190.0	210.0	X217.5	472.5	307.07775
OPEN																
1	KYVAMBAYEV ZALIM	KAZ	1986	92.85	X360	360.0	365.0	225.0	235.0	246.0	611.0	300.0	310.0	X315	921.0	579.1248
2	SATDUL	INDON	1977	92.25	310.0	X330	330.0	180.0	190.0	200.0	530.0	280.0	282.5	X312.5	812.5	512.525
3	AHMED RAMADHAN	IRAQ	1984	92.20	300.0	X330	330.0	X180	180.0	190.0	520.0	260.0	270.0	X280	790.0	498.332
4	KORSHUNOVE DENIS	UZB	1982	84.55	260.0	270.0	280.0	200.0	205.0	X212.5	485.0	250.0	265.0	X270	750.0	495.45
Cat. 105 KG																
SUB JUNIOR																
1	TAJIK NOOR AHMED	AFGA	1995	101.00	170.0	240.0	270.0	160.0	170.0	180.0	450.0	220.0	260.0	270.0	720.0	436.464
MASTER-1																
1	NAKASHIMA YUSEI	JAPAN	1963	100.50	240.0	250.0	260.0	180.0	190.0	x202.5	450.0	220.0	230.0	240.0	690.0	419.106
2	SINGH MANJEET	INDIA	1967	100.55	235.0	260x	260.0	190.0	x200	200.0	460.0	200.0	215.0	X232.5	675.0	409.995
3	PATEL LALITKAR	INDIA	1969	99.35	210.0	230.0	245.0	105.0	115.0	125.0	370.0	200.0	215.0	230.0	600.0	366.18
4	MOHD. BASMAN	IRAQ	1969	98.75	220.0	250.0	265X	90.0	x105	105.0	355.0	200.0	NT	NT	555.0	339.549
MASTER-2																
1	ERMETOV ULUKBEK	KAZ	1959	104.35	180.0	205.0	225.0	170.0	183.5	X190	408.5	155.0	170.0	181.0	589.5	353.1105
MASTER-3																
1	SEDIQI FARID AHMED	AFGA	1949	99.25	170.0	180.0	200.0	100.0	140.0	150.0	350.0	170.0	190.0	X200	540.0	329.724
2	KADYAN PURAN SINGH	INDIA	1951	95.90	140.0	155.0	165X	110.0	120.0	x125	275.0	160.0	NT	NT	435.0	269.439
JUNIOR																
1	HANADA TOSHIHIRO	JAPAN	1991	104.00	282.5	300.0	X312.5	200.0	210.0	X220	510.0	260.0	X280	X280	770.0	461.692
2	AL BAIDHANI M.	IRAQ	1992	101.85	280.0	300.0	315.0	125.0	155.0	165.0	480.0	240.0	260.0	X275	740.0	447.256

3	VIYAS SHIVNARAYAN	INDIA	1993	104.35	265.0	275.0	280.0	175.0	180.0	185.0	465.0	X240	240.0	250.0	715.0	428.285
4	JADHAV RITURAJ	INDIA	1989	96.25	265X	275.0	X285	175.0	X187.5	X187.5	450.0	235.0	x250	X255	685.0	423.741
OPEN																
1	YESHMAKHANOV N	KAZ	1990	103.90	350.0	366.0	NT	X250	250.0	260.0	626.0	280.0	300.0	320.0	946.0	567.4108
2	AL-KHAMMASI AMMAR	IRAQ	1988	104.50	X330	x340	340.0	X180	180.0	190.0	530.0	290.0	310.0	317.5	847.5	507.3135
3	IJIMA TSUNEHIRO	JAPAN	1967	104.15	290.0	X307.5	310.5	190.0	X197.5	197.5	508.0	265.0	280.0	X290	788.0	472.3272
4	SINGH GURUSEVAK	INDIA	1987	96.35	X300	310.0	X320	165.0	175.0	182.5	492.5	295.0	X305	X305	787.5	486.91125
5	AL HASANI ISSA	OMAN	1984	99.05	x285	300.0	X310	170.0	X185	X187.5	470.0	X230	240.0	260.0	730.0	446.103
—	CHATTERJEE DEVI P	INDIA	1986	103.80	290.0	305.0	X315	185.0	X202.5	202.5	507.5	X280	X280	NT	—	
Cat. 120 KG																
MASTER-1																
1	ZAKHAROV YURIY	KAZ	1972	119.55	310.0	325.0	340.0	220.0	240.0	X255	580.0	280.0	300.0	310.0	890.0	512.195
2	SADAT GUL AGHA	AFGA	1969	107.25	160.0	180.0	200.0	170.0	172.5	200.0	400.0	170.0	190.0	NT	590.0	
MASTER-2																
1	PRAKASH SATYA	INDIA	1958	112.10	170.0	NT	NT	100.0	NT	NT	270.0	160.0	NT	NT	430.0	251.636
JUNIOR																
1	PANKRSHEV ALEXEY	KAZ	1990	109.80	345.0	360.0	370.0	160.0	230.0	X240	600.0	290.0	310.0	X320	910.0	535.808
2	GHRABAWEE AQEEL	IRAQ	1992	106.45	X310	310.0	X350	160.0	180.0	X185	490.0	240.0	260.0	X270	750.0	446.1
3	SINGH BALVINDER	INDIA	1989	111.60	X275	275.0	285.0	175.0	185.0	190.0	475.0	235.0	250.0	255.0	730.0	427.78
4	AKPALENOV MARS	KAZ	1991	116.40	X290	290.0	300.0	160.0	X170	X170	460.0	240.0	250.0	X272.5	710.0	411.232
5	SANJAY KADYAN	INDIA	1990	105.65	180.0	200.0	NT	X140	140.0	X150	340.0	190.0	210.0	NT	550.0	328.02
SUB JUNIOR																
1	AHMADI FAWAD	AFGA	1995	108.85	250.0	252.5	275.0	X170	170.0	180.0	455.0	X230	250.0	X260	705.0	416.3025
2	AKPALENOV MIRAS	KAZ	1995	116.55	X290	290.0	300.0	140.0	150.0	155.0	455.0	200.0	220.0	X252.5	675.0	390.8925
OPEN																
1	GOLUBEV VLADIMIR	KAZ	1986	114.45	X400	400.0	NT	220.0	X232.5	232.5	632.5	310.0	330.0	NT	962.5	560.07875
2	DANI ARDANI	INDON	1984	114.65	340.0	350.0	NT	200.0	215.0	225.0	575.0	280.0	x295	NT	855.0	497.268
3	KUMAR UDAY	INDIA	1986	117.00	340.0	X355	355.0	180.0	190.0	192.5	547.5	270.0	X310	X310	817.5	472.92375
4	RAJ VINOD	INDIA	1988	112.45	302.5	322.5	X332.5	160.0	170.0	NT	492.5	270.0	282.5	X300	775.0	453.1425
5	ILWAN PERDIANSYAH	INDON		112.85	X300	300.0	X330	190.0	205.0	X215	505.0	250.0	X270	NT	755.0	440.9955
6	BATSUKH GANTULGA	MON	1981	107.85	290.0	X292.5	NT	200.0	X205	205.0	495.0	X220	225.0	X230	720.0	426.456
Cat. +120 KG																
MASTER-1																
1	TSERENDAMBA B.	MON	1971	120.90	X200	210.0	220.0	180.0	190.0	210.0	430.0	200.0	210.0	X220	640.0	367.296
2	ALDHAHERI OMAR	UAE	1971	192.90	185.0	X210	210.0	210.0	225.0	X240	435.0	150.0	175.0	X210	610.0	
MASTER-2																
1	AZEEZ KADHIM	IRAQ	1957	120.60	125.0	X135	135.0	65.0	75.0	80.0	215.0	120.0	135.0	145.0	360.0	206.748
2	AL BUTHABHAK	IRAQ	1953	121.20	X80	80.0	NT	50.0	NT	NT	130.0	100.0	NT	NT	230.0	131.928
JUNIOR																
1	AL ZAIDI MOHD.	IRAQ	1989	133.61	200.0	NT	NT	140.0	150.0	160.0	360.0	180.0	200.0	215.0	575.0	323.6675
2	DEBUQUE RAYMOND	PHILI	1993	125.70	75.0	NT	NT	175.0	180.0	X190	255.0	220.0	230.0	NT	485.0	276.062
—	RAFI ZADA ALI REZE	AFGA	1991	130.20	X280	X280	X280	170.0	200.0	250.0	—	250.0	300.0	NT	—	
SUB JUNIOR																
—	NABI SADA FARHAD	AFGA	1995	120.10	X140	X140	X140	120.0	170.0	X185	—	160.0	220.0	X240	—	
—	HUSAINI SAYED	AFGA	1995	153.40	X170	X170	X170	150.0	X190	X220	—	200.0	225.0	250.0	—	
OPEN																
1	CHAO CHEN-HSIUNG	TAIPEI	1969	147.80	315.0	330.0	335.0	215.0	230.0	235.0	570.0	300.0	317.5	X325	887.5	492.03
2	DODY YANTO	INDON		122.55	X360	X360	360.0	180.0	X200	200.0	560.0	260.0	X275	X275	820.0	469.286
3	CHOUDHARY RAJEEV	INDIA	1977	123.50	310.0	X320	X320	X200	200.0	205.0	515.0	290.0	X297.5	NT	805.0	459.8965
4	AMANMYRADOV	TURK	1973	124.20	290.0	X300	NT	255.0	X277.5	X277.5	545.0	250.0	X262.5	X262.5	795.0	453.627
5	GILL AMANDEEP SINGH	INDIA	1987	137.90	300.0	315.0	X325	150.0	160.0	170.0	485.0	X250	250.0	X262.5	735.0	411.6735
6	SEMENETS SERGY	KAZ	1977	136.70	362.5	X375	NT	50.0	NT	NT	412.5	50.0	NT	NT	462.5	259.41625
—	AL MANDHARI AIDH	OMAN	1985	131.10	292.5	315.0	332.5	160.0	175.0	X190	507.5	X250	NT	NT	—	

ASIAN POWERLIFTING CHAMPIONSHIP - 2012

01-07 May 2012 - Udaipur India

FINAL RESULTS TEAM CHAMPIONSHIP

Sub junior Boys			
Place	Nation	Team Points	Total Lifters
1	Afganistan	45	
2	Iraq	29	
3	Kyrgistan	21	

Sub junior Girls			
Place	Nation	Team Points	Total Lifters
1	India	51	
2	C-Taipei	24	
2	Turkmenistan	24	

Junior Boys			
Place	Nation	Team Points	Total Lifters
1	Kazakhstan	57	
2	India	46	
3	Iraq	45	

Junior Girls			
Place	Nation	Team Points	Total Lifters
1	India	51	
2	Uzbekistan	37	
3	Indonesia	24	

OPEN MEN			
Place	Nation	Team Points	Total Lifters
1	KAZAKSTAN	57	
2	Indonesia	51	
3	C-Taipei	44	

OPEN WOMEN			
Place	Nation	Team Points	Total Lifters
1	Kazakhstan	57	
2	India	41	
3	Turkmenistan	36	

Master I Men			
Place	Nation	Team Points	Total Lifters
1	India	54	
2	Japan	21	
3	Kyrgistan	12	

Master I Women			
Place	Nation	Team Points	Total Lifters
1	India	24	
2			

Master II Men			
Place	Nation	Team Points	Total Lifters
1	India	54	
2	Iraq	21	
3	Kazakhstan	12	

Master II Women			
Place	Nation	Team Points	Total Lifters
1	India	24	
2			
3			

Master III & IV Men			
Place	Nation	Team Points	Total Lifters
1	INDIA	51	
2	JAPAN	24	
3	Afganistan	12	

Master III Women			
Place	Nation	Team Points	Total Lifters
1			
2			

ASIAN POWERLIFTING CHAMPIONSHIP - 2012

01-07 May 2012 - Udaipur India

FINAL RESULTS

BEST LIFTER

Sub junior Boys			
Place	Name	Nation	Point
1	Jhang You-Si	C. TAIPEI	489.53
2	Martsev Yachslav	Uzbekistan	473.74
3	Ibrahim Mohd.	Iraq	458.97

Junior Boys			
Place	Name	Nation	Point
1	Pankrshev Alexey ,	Kazakhstan	535.80
2	Anuar Ulan	Kazakhstan	531.26
3	Dovydenko Alexander	Kazakhstan	516.68

OPEN MEN			
Place	Name	Nation	Point
1	Hsieh Tsung- Ting	C. TAIPEI	630.74
2	Awang Latiful	INDONESIA	602.64
3	Turakhanov D.	Kazakhstan	582.96

Master I Men			
Place	Name	Nation	Point
1	Zakharov Yuriy	Kazakhstan	512.19
2	Rahimov Alymbet	Kyrgystan	489.06
3	Yamaguchi Makoto	JAPAN	467.02

Master II Men			
Place	Name	Nation	Point
1	Kerimbekov Bakyt	Kyrgystan	391.28
2	Vikas T.K.	India	389.70
3	Chatterjee Pijush	India	377.96

Master III Men			
Place	Name	Nation	Point
1	Golovkin Viktor	Kazakhstan	382.98
2	Fuse Masaru	JAPAN	341.60
3	Sediqi Farid A.	Afganistan	329.72

We are sorry about formula, it was used all the men's one in India, so all the lady's formula points were wrong.

The correct best lifters are as follows;

In india				Correct Poin and place			
Femal Sub Junior							
1	Hung Hui-Chuan	C.Taipei	360.26	1	HUNG JR-TING	TAIPEI	448.91
2	Hung Jr-Ting	C.Taipei	331.76	2	HUANG HUI-C	TAIPEI	445.04
3	Amitha	India	287.61	3	AMITHA	IND	365.18
Femal Junior							
1	Mela Ekka	Indonesia	386.74	1	MELA EKKA	INDON	511.23
2	Sri Rahayu	Indonesia	378.01	2	SRI RAHAYU	INDON	508.19
3	Sirochentdinova	Uzbekistan	349.38	3	CHEN JIE-WEN	TAIPEI	476.26
				4	SIROCHETDINOVA	UZB	448.76
Open							
1	Chou i-Ju	C. Taipei	437.97	1	CHOU YI-JU	TAIPEI	553.43
2	Koykka Anita	Philippines	408.11	2	CHANG YA-WEN	TAIPEI	545.25
3	Chang Ya-Wen	C. Taipei	403.94	3	KYRUKOVA Y	KAZ	534.35
				4	KOYKKA ANITA	PHILI	515.69
Master 1							
1	Bela Ghosh	India	235.45	1	Bela Ghosh	India	306.2
2	Sujata Bhakat	India	228.22	2	Sujata Bhakat	India	305.44
Master 2							
1	Ratanmani Roy	India	178.61	1	Ratanmani Roy	India	236.25
2	Vijaya Nar	India	144.1	2	Vijaya Nar	India	192.76