

**2014 Asia /Oceania Championships**  
**Bench Press**  
8/12/2014-14/12/14

Women's Division

Sub Junior

52kg Class

1	TSIODE, Febrose	NAR	1999	51.1	65	72	75	75
2	JONES, Ivy Rose	NAR	1999	51.8	35	40	<del>45</del>	40

63kg Class

1	DABWIDO, Deliah	NAR	1999	60.9	35	40	<del>50</del>	40
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72kg Class

1	JEREMIAH, Saisha	NAR	1996	70.7	52.5	57.5	60	60
2	HARRIS, Selina	NAR	2000	71.75	40	<del>47.5</del>	<del>47.5</del>	40

84kg Class

1	DOWIYOGO, Gemmina	NAR	1997	79.45	52.5	60	65	65
2	CHONG, Maria	FIJ	1997	83.15	40	<del>45</del>	45	45

84+kg Class

1	TALEKA, Agnes	NAR	1997	92.7	65	80	<del>82.5</del>	80
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Junior

47kg Class

1	MARTIN, Jasmine	PHI	1993	46.05	42.5	50	<del>55</del>	50
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63kg Class

1	GUITERREZ, Alyssa Jane	PHI	1994	58.5	45	50	<del>55</del>	50
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84+kg Class

1	AUGUSTINE, Tiarne	AUS	1994	118.85	90	<del>95</del>	<del>95</del>	90
2	WAQASANIBOGI, Melaia	FIJ	1992	87.7	55	60	<del>62.5</del>	60
3	GARNETT, Ana	FIJ	1994	86.25	45	55	<del>60</del>	55

Master 1

52kg Class

1	YANAGISAWA, Yukiko	JPN	1967	51.85	42.5	47.5	50	50
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63kg Class

1	AKIBA, Hinako	JPN	1970	62.3	45	47.5	<del>50</del>	47.5
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84+kg Class

1	MURRAY, Taari	NZ	1969	130.1	122.5	127.5	132.5	132.5
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Master 2

52kg Class

1	HARADA, Megumi	JPN	1960	48.45	52.5	55	57.5	57.5
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63kg Class

1	TAKAGAKI, Yoshiko	JPN	1962	62.7	40	45	50	50
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72kg Class

1	EVANS, Delwyn	NZ	1964	70.8	67.5	70	<del>72.5</del>	70
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Master 3

47kg Class

1	MULDROCK, Patricia	NZ	1954	45	55	57.5	60	60
2	KIKUIRIN, Hiroko	JPN	1949	45.9	50	52.5	<del>55</del>	52.5

72kg Class

1	BARTON, Edwina	AUS	1947	70.35	50	52.5	55	55
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84+kg Class

1	TURNER, Senimili	FIJ	1953	112	80	90	95	95
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Open

52kg Class

1	FURUYA, Noriko	JPN	1971	51.55	90	95	97.5	97.5
2	MATSUMURA, Ikuko	JPN	1983	49.7	65	72.5	<del>75</del>	72.5
3	HINCHLEY, Megan	AUS	1981	50.85	57.5	62.5	<del>65</del>	62.5

57kg Class

1	McKEE, Mandy	AUS	1983	54.95	60	62.5	<del>67.5</del>	62.5
2	NAGAE, Yumiko	JPN	1974	55.95	55	62.5	<del>67.5</del>	62.5

63kg Class

1	BORDEOS, Ma Betina	PHI	1990	62.75	65	72.5	77.5	77.5
2	YI, Hayley	AUS	1988	60.85	65	72.5	<del>78</del>	72.5
3	VAN, Miwah	AUS	1982	62	60	65	<del>72.5</del>	65
4	DILLEN, Carolina	NZ	1983	62.8	65	<del>70</del>	<del>70</del>	65

72kg Class

1	STEVENSON, Kim	AUS	1982	67.55	82.5	87.5	90	90
2	MAU, Aibon Jerusha	NAR	1987	70.75	80	90	<del>92.5</del>	90
3	RYAN, Mel	AUS	1985	71.15	60	62.5	<del>65</del>	62.5
4	HIGASHIMAE, Megumi	JPN	1983	70.8	55	60	<del>62.5</del>	60

Men's Division

Subjunior

53kg Class

1	STEPHEN, Gregor Raphael	NAR	1999	53	<del>80</del>	80	<del>100</del>	80
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59kg Class

1	STEPHEN, Sampras Benedict	NAR	1998	57.55	90	100	<del>=105</del>	100
2	BILL, Bronelson	NAR	1997	57.45	85	90		90
<b>66kg Class</b>								
1	STEPHEN, Gervandel Gregory	NAR	1996	62.5	100	110	112.5	112.5
<b>83kg Class</b>								
1	AKUA, Hammer Rindell	NAR	1996	79.8	146	<del>=155</del>	155	155
2	KHZOUZ, Nicholas	AUS	1996	83	142.5	<del>=147.5</del>	<del>=147.5</del>	142.5
3	O'CONNOR, Liam	NZ	1997	79.1	105	110	<del>=112.5</del>	110
<b>93kg Class</b>								
1	DEPAUNE, Ro-oaion	NAR	1997	91.65	135	145	<del>=152</del>	145
-	CHABLE, Tailem	AUS	1996	92.1	<del>=148</del>	<del>=148</del>	<del>=148</del>	0
<b>105kg Class</b>								
1	AUBIAT, Majo	NAR	1997	103.3	100			100
<b>Disabled 93kg Class</b>								
-	CAIN, Sisqo	NAR	2000	92.15	<del>=100</del>	<del>=100</del>	<del>=100</del>	0
<b>Junior</b>								
<b>53kg Class</b>								
1	McMAHON, Yousef	AUS	1993	52.8	<del>=90</del>	90	92.5	92.5
2	LEAO, Andrew	NAR	1994	52.6	60	75	<del>=85</del>	75
<b>66kg Class</b>								
1	DEMAURE, Benjamin	NAR	1994	65.9	120	133	137	137
2	MATISIMA, Sonsy	NAR	1991	65.8	120	130	135	135
<b>74kg Class</b>								
1	DUBURIYA, Taggart	NAR	1992	73.7	160.5			160.5
2	CARDY, Lyle	NZ	1992	73.1	102.5	110	115	115
<b>83kg Class</b>								
1	ZHAVORONKOV, Anatoliy	KAZ	1995	82.9	150	160	<del>=162.5</del>	160
2	HOLDER, Keith	NAR	1994	81.85	140	152.5	<del>=160</del>	152.5
<b>93kg Class</b>								
1	SMAGULOV, Erlan	KAZ		88.95	150	160	170	170
2	EVANS, Rhys	NZ	1994	87.15	132.5	140	<del>=145</del>	140
<b>105kg Class</b>								
1	MELEKIOLA, Steven	NAR	1991	104.25	200	211		211
2	COOK, Josh	NAR	1991	102.2	160	170		170
3	BRYAN, Mitchell	AUS	1993	101.3	140	150	157.5	157.5
<b>120+kg Class</b>								
1	ALNAQBI, Ebrahim	UAE	1991	182.8	<del>=70</del>	70	100	100
<b>Disabled 66kg Class</b>								
1	FOILAPE, Jarman	NAR		65.2	60	65	<del>=75</del>	65
<b>Master 1</b>								
<b>59kg Class</b>								
1	OKAMOTO, Takahiro	JPN	1969	57.95	110	115	<del>=120</del>	115
2	FUJII, Kazuo	JPN	1966	58.25	115	<del>=120</del>	<del>=120</del>	115
<b>74kg Class</b>								
1	MORIYAMA, Tetsuo	JPN	1971	72.45	150	155	160	160
2	KAWAHATA, Katsunori	JPN	1972	72.6	140	150	<del>=155</del>	150
<b>83kg Class</b>								
1	BAJAJ, Prem	AUS	1966	82.2	132.5	137.5	<del>=140</del>	137.5
<b>93kg Class</b>								
1	KOGUCHI, Hirotaka	JPN	1974	85.7	140	150	157.5	157.5
<b>105kg Class</b>								
1	NAKAMURA, Toshio	JPN	1970	103.35	155	165	170	170
2	WRIGHT, Colin	NZ	1968	103	152.5	162.5	167.5	167.5
3	HAURELIUK, Mark	AUS	1971	104.8	150	160	167.5	167.5
4	KAMRAN BUTT, Ather	PAK	1969	102.9	160	<del>=165</del>	165	165
5	WHARTON, Jason	NAR	1970	104.5	135	142.5	<del>=145</del>	142.5
<b>120kg Class</b>								
1	HARRIS, Roy Denton	NAR	1968	116.65	170	180	185	185
2	O'CONNOR, Leon	NZ	1971	111.1	175	<del>=182.5</del>	<del>=182.5</del>	175
<b>120+kg Class</b>								
1	DOBWIBO, Robert Atago	NAR	1971	143.7	190	200		200
2	ALDHAHERI, Omar	UAE	1971	200.25	150	160	<del>=170</del>	160
<b>Master 2</b>								
<b>59kg Class</b>								
1	KAMEDA, Tsukasa	JPN	1961	58.7	102.5	107.5	<del>=112.5</del>	107.5
2	MIWA, Kazushi	JPN	1963	58.3	85	95	<del>=100</del>	95
<b>66kg Class</b>								
1	TOYAMA, Naoto	JPN	1959	65.25	132.5	140	<del>=145</del>	140
<b>74kg Class</b>								
1	PATTY, Vince	AUS	1964	71.85	130	137.5	143	143
2	HARRIS, Irving Frederick	NAR	1964	74	100	110	115	115

<b>83kg Class</b>								
1	SKINNER, Leigh	AUS	1964	76.95	162.5	167.5	<del>=172.5</del>	167.5
2	KOZUKI, Atsuo	JPN	1961	79.8	150	<del>=165</del>	<del>=170</del>	150
3	PIERSON, Terry	NZ	1959	80.35	130	137.5	<del>=145</del>	137.5
4	HASHIMOTO, Katsuyuki	JPN	1964	80.8	115	120	<del>=125</del>	120
<b>93kg Class</b>								
1	TSUCHIYA, Hitoshi	JPN	1964	84.45	155	160	<del>=165</del>	160
2	DUMAS, Eric	AUS	1964	92	135	142.5	145	145
<b>105kg Class</b>								
1	SAUL, Darrell	AUS	1964	102.45	135	<del>=140</del>	<del>=140</del>	135
-	TAKAHASHI, Tsutomu	JPN	1955	100.1	<del>=160</del>	<del>=160</del>	<del>=160</del>	0
<b>120+kg Class</b>								
1	LITTLE, Steve	AUS	1960	124.1	175	185	190	190
<b>Master 3</b>								
<b>59kg Class</b>								
1	SHIRAKAWA, Takeshi	JPN	1948	56.2	115	125	<del>=130.5</del>	125
<b>66kg Class</b>								
1	TEABUGE, Karl Heinrich	NAR	1951	65.4	<del>=60</del>	60	70	70
<b>74kg Class</b>								
1	SHIMOYAMA, Youji	JPN	1951	70.15	117.5	<del>=122.5</del>	<del>=122.5</del>	117.5
2	TSANG, Pak Ho	HK	1951	73.15	110	115	<del>=120</del>	115
<b>105kg Class</b>								
1	PARKER, Doc	AUS	1951	102.95	142.5	147	150	150
<b>Master 4</b>								
<b>59kg Class</b>								
1	KAWANAKA, Akiyoshi	JPN	1942	58.65	90	92.5	<del>=95</del>	92.5
2	OTAKI, Masami	JPN	1942	54.5	85	90	<del>=92.5</del>	90
<b>66kg Class</b>								
1	IWASAKI, Minoru	JPN	1940	65.05	95	100	<del>=107.5</del>	100
<b>74kg Class</b>								
1	FUJITA, Toshio	JPN	1935	70.4	<del>=90</del>	90	<del>=100</del>	90
<b>83kg Class</b>								
1	IIDA, Yasushi	JPN	1943	80.2	120	125	<del>=127.5</del>	125
2	SANDERS, Bernard	NZ	1938	81.15	95	100	<del>=105.5</del>	100
3	CALAGOPI, Aspi	PHI	1943	83	55	60	65	65
<b>105kg Class</b>								
1	MIENIE, Douglas	NZ	1940	94.95	100	105	<del>=112.5</del>	105
<b>Open</b>								
<b>59kg Class</b>								
1	HIGASHISAKA, Koji	JPN	1979	58.7	160	164	<del>=166</del>	164
2	TAKADA, Yuki	JPN	1965	58.65	135	142.5	150	150
3	CLARKE, Jalmie	AUS	1982	58.15	90	<del>=97.5</del>	<del>=97.5</del>	90
<b>66kg Class</b>								
1	SAITO, Keita	JPN	1982	65.55	150	160	165	165
2	VASKOV, Alexandr	KAZ	1986	64.4	140	150	<del>=160</del>	150
3	KURAMSHIN, Alexandr	KAZ	1986	65.05	120	130	<del>=165</del>	130
<b>74kg Class</b>								
1	SUZUKI, Yusuke	JPN	1984	67.35	180	185	190	190
2	MARDA, Pavel	KAZ	1990	74	150	160	165	165
3	KAPYSHEV, Aman	KAZ	1987	73.25	145	152.5	160	160
4	DAOE, Rykes Illusion	NAR	1988	73.25	145	<del>=150</del>	<del>=150</del>	145
<b>83kg Class</b>								
1	SHIDA, Yasuhiro	JPN	1988	82.1	175	183	<del>=190</del>	183
2	ALZAABI, Faisal	UAE	1978	81.55	160	170	<del>=177.5</del>	170
3	DANIEL, Jacko	NAR	1983	81.85	150	<del>=155</del>	<del>=155</del>	150
<b>93kg Class</b>								
1	RYBKA, Denis	KAZ	1985	92.3	195	<del>=202.5</del>	202.5	202.5
2	ROLAND, Raboe	NAR	1981	92.25	185	195	<del>=198</del>	195
3	SUSANY, Lev	AUS	1988	92.25	193	<del>=197.5</del>	<del>=197.5</del>	193
4	GAUBIDI, Christopher	NAR	1977	91.2	185	<del>=195</del>	<del>=195</del>	185
5	WATANABE, Masaya	JPN	1973	91.45	177.5	182.5	<del>=187.5</del>	182.5
<b>105kg Class</b>								
1	JEREMIAH, Cazaly	NAR	1989	104.65	200	210	<del>=215</del>	210
2	BRECHTEFELD, Elvin	NAR	1978	104.75	<del>=202.5</del>	<del>=202.5</del>	202.5	202.5
3	ALKHANBOULI, Mohammed	UAE	1980	102.8	190	200	<del>=210</del>	200
4	POLKE, Ben	AUS	1981	100.45	180	187.5	<del>=192.5</del>	187.5
<b>120kg Class</b>								
1	TSIODE, John	NAR	1981	119	205	210	<del>=215.5</del>	210
2	GAUBIDI, Christian	NAR	1986	119.5	200	210	<del>=215</del>	210
3	MIYAMOTO, Yoshiyuki	JPN	1978	114.7	185	195	<del>=205</del>	195
<b>120+kg Class</b>								

1	TOFA, Elnez	NZ	1979	192.25	261	265.5	<del>=272.5</del>	265.5
2	BUJINKHAM, Altangerel	MON	1976	126.45	220	230	<del>=240</del>	230
3	FEREMIRO, Andy	TAH		128.4	190	210	<del>=212.5</del>	210
4	MEHMET, Savash	AUS	1986	171.4	180	<del>=190</del>	190	190
5	EBITA, Akira	JPN	1979	130.35	165	175	<del>=182.5</del>	175
6	SETU, Phillip Junior	SAM	1990	134.6	175	<del>=185</del>	<del>=185</del>	175
7	ADNAN, Muhammad Abdul Jabar	PAK	1983	138.2	125	135	140	140
<b>Disabled 93kg Class</b>								
1	DETABENE, Conroy	NAR		91.95	120	130	<del>=140</del>	130

### Asia/Oceania Best lifter

	<u>Name</u>	<u>Country</u>	<u>WC</u>	<u>Total</u>	<u>Wilks</u>
<b>Best Open Men BP</b>	SUZUKI, Yusuke	JPN	74	190.00	146.76
<b>Best SJ Men BP</b>	AKUA, Hammer Rindell	NAR	83	155.00	105.99
<b>Best J Men BP</b>	MELEKIOLA, Steven	NAR	105	211.00	126.41
<b>Best M1 Men BP</b>	MORIYAMA, Tetsuo	JPN	74	160.00	116.86
<b>Best M2 Men BP</b>	SKINNER, Leigh	AUS	83	167.50	117.28
<b>Best M3 Men BP</b>	SHIRAKAWA, Takeshi	JPN	59	125.00	113.40
<b>Best M4 Men BP</b>	IIDA, Yasushi	JPN	83	125.00	85.20
<b>Best Open Women BP</b>	FURUYA, Noriko	JPN	52	97.50	122.36
<b>Best SJ Women BP</b>	TSIODE, Febrose	NAR	52	75.00	94.76
<b>Best J Women BP</b>	AUGUSTINE, Tiarne	AUS	84+	90.00	72.09
<b>Best M1 Women BP</b>	MURRAY, Taari	NZ	84+	132.50	104.44
<b>Best M2 Women BP</b>	HARADA, Megumi	JPN	52	57.50	75.63
<b>Best M3 Women BP</b>	MULDROCK, Patricia	NZ	47	60.00	83.21
<b>Best M4 Women BP</b>					